



**Football
Federation
South West Inc.**

**High Performance Centre
Football (Soccer) Development Program**

The Aim of the Program

The High Performance Football Development Program has been established to develop and deliver a specialist coaching unit in consultation with the Football Federation South West to provide a sound technical foundation for male (8 to 14 years old) and female only groups (11 to 17 years old). This has been developed as an individual based squad program and is independent from any Club involvement. The players will simply be receiving ‘extra’ coaching to supplement Club training and will not conflict or lead to ‘poaching’ of players.

As with any learning environment, the student will learn best in smaller groups and at similar levels. This provides a perfect opportunity for fast progression whilst instilling in the players ‘good habits’ thus developing competent players in the future.

Selection Aim

The primary objective is to accurately assess each individual’s ability based on technique, athleticism, attitude and coachability. As players develop differently, the program has been designed to suit the individual by creating a structured pathway broken into two streams.

The High Performance Centre (HPC)

The aim of the Program is to give the player the best opportunity to achieve their full playing potential based on their current ability levels. This allows each individual to be aligned to a group which will challenge their skills, whilst allowing for continual progression.

There are two streams within the Program:

1. HPC Advanced Player (formerly Academy level)

Aimed at the more talented player who has met the selection criteria. Will be asked to train with the group on a weekly basis at one central training centre.

2. HPC Feeder Development Group (FDG)

Aimed at the player that will benefit from sound technical coaching principles and is committed to one session per week. Homework will also be given and there will be provision for the opportunity to move into the HPC Advanced group based on improved performance.

Training Days (subject to change)

	Monday	Tuesday	Wednesday	Venue
HPC Advanced U9 & U10		4.00- 5.15pm		One venue
HPC Advanced U11 & U12		5.15- 6.30pm		One venue
HPC Advanced U13 & U14		6.30- 7.45pm		One venue
Feeder Dev Group U9 & U10	4.00-5.15 pm			Two locations
Feeder Dev Group U11 & U12	5.15-6.30pm			Two locations
Feeder Dev Group U13 & U14	6.30-7.45pm			Two locations
Girls Only program U13 & U17s			Times to TBC	One location times tbc

Coaching Staff

The program is being directed and conducted by:

Paul Wozny - Formerly Football West National Training Centre Head Coach and Regional High Performance Coordinator (South West, Great Southern and Goldfields).

Alongside will be a number of accredited and experienced coaches including:

Perry Krakowczyk – SWAS Head Coach

James Young – Qualified Physical Education Teacher, high performance football coach and a specialised conditioning and SAQ instructor.

Local coaches will be selected to assist where necessary and will follow a set technical program in line with the Football Federation Australia National Curriculum.

Selection Conditions

1. All players must attend a Feeder Group Session which will be arranged soon after registration is received. Each player will be assessed in the session and aligned into the most suitable learning environment available based on age, current ability levels and current numbers at each training centre.
2. Players selected must adhere to the code of ethics section of the agreement signed by a parent/guardian.
3. All players must have paid prior to commencement of the program. The cost is \$95 per block (7 weekday sessions within school term). Each session is one and a quarter hours duration.

The program will run throughout 2010.

Venue

Based on numbers and subsequent pitch requirements the venues will be confirmed as soon as possible.

Sponsorship Possibilities

As this is a brand new initiative for 2010, the FFSW are seeking expressions of interest for a number of sponsorship opportunities. This will allow the players to receive additional benefits from the program in addition to providing a first class coaching service.

Further Information

If you require any further details, please contact amandahawkins@westnet.com.au or Phone Perry Krakowczyk on 0410 568 560, or check out our website www.footballsouthwest.com.au